

**beacon**  
health options



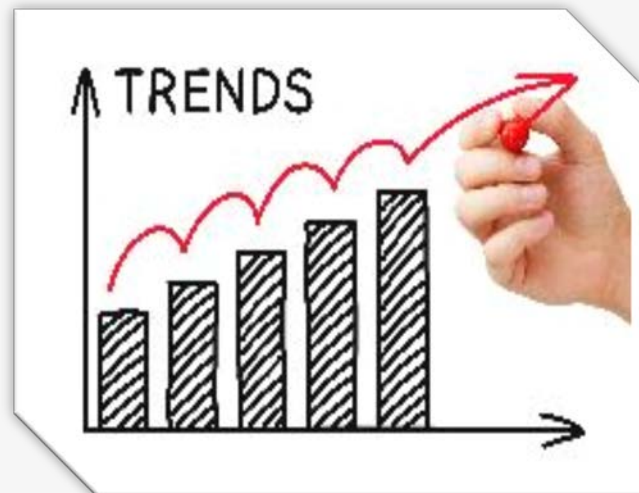
**Connecticut BHP**  
Supporting Health and Recovery

# Child Quality & Access Committee: HEDIS Measure Findings 4/21/17



# Overview of Presentation

- What is HEDIS?
- HEDIS Measure Performance:
  - Initiation and Engagement of Alcohol and Other Drug Dependence Treatment



# What is HEDIS?

## Healthcare Effectiveness Data and Information Set

A set of healthcare performance measures widely used in the United States

Developed by the **N**ational **C**ommittee for **Q**uality **A**ssurance (NCQA) beginning in late 1980's

Initially utilized by Healthcare Organizations to demonstrate the quality of care they provided to Employers

Focused on performance on measures concerning Medical Diagnoses (e.g., Diabetes care, Cardiovascular Care)

First behavioral health measure was Follow-up after Hospitalization for Mental Illness (1998)

Currently includes 88 measures; 10 have behavioral health orientation

# Why use HEDIS measures ?



The measures lend themselves to healthcare quality improvement!

Annual publication of exacting specifications for each measure so that every organization measures performance in exactly the same way

Programming of measures is audited by NCQA before organizations can report their performance

NCQA reports National and Regional averages for each of the measures annually so that performance can be compared to those rates

NCQA reports Medicaid, Medicare and Commercial rates separately

# Initiation and Engagement of Alcohol and Other Drug Dependence Treatment



Identifies adults and adolescents with a new episode of alcohol or other drug dependence (AOD) who subsequently **initiated** and/or **engaged** in treatment for the AOD

The AOD diagnosis can be made during an outpatient, IOP, or PHP visit

No requirement that the provider be a Behavioral Health clinician

“New” is defined as no AOD diagnosis during the 60 days prior to the index diagnosis

# Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

## What counts as **Initiation**?

- If the Index Episode was an inpatient stay, the stay counts as initiation
- If Index Episode was an outpatient, IOP, PHP, Detoxification or ED visit, need one additional inpatient, outpatient, IOP or PHP visit with an AOD diagnosis within 13 days to be considered as having *initiated* AOD treatment

## What counts as **Engagement**?

- Must have initiated AOD treatment AND
- Have two or more inpatient admissions, outpatient, IOP or PHP visits between the day after the initiation visit to 29 days after the initiation event
- Inpatient or outpatient detox treatment does not count